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Why Smart

**Why Smart
People Hurt A
Guide For The
Bright Sensitive
And Creative
The Bright
Sensitive And
Creative Eric
Maisel**

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as experience not

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**Optimize Interview:
Why Smart People
Hurt with Dr. Eric
Maisel**

Why Smart People
Hurt Part 1 with Dr.

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Matthew Zakreski

Eric Maisel \ "Why
Smart People Hurt\ "
Interview Why Smart

People Hurt Part 2

with Dr. Matthew

Zakreski How Self-

Deprecation Leads to
Isolation ft.

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How to Get Over Past

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Hurt and Forgive

Someone Who

Doesn't Deserve It |

Ralph Smart 12

Reasons Why Smart

People Fail in

Business 5 Things

Smart People Never

Do *WHY SMART*

PEOPLE FAIL!! Why

are Smart People So

Dumb? How to

Overcome Your Hurt

Feelings By

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~~Inconsiderate People~~

8 Signs You're Way
Smarter Than People

~~Around 15 Reasons~~

~~Why Highly Intelligent~~

~~People Struggle With~~

~~Love 11 Surprising~~

Personality Traits of

Highly Intelligent

People *The 10 Things*

Only Smart People

Do Why incompetent

people think they're

amazing - David

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Dunning Jordan A
Peterson: Advice for
Hyper-Intellectual
People Why Do
Intelligent People do
Stupid Things?

7 Signs You're One of
The Chosen Ones
[WARNING **life
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5 Reasons People
Don't Take You
Seriously All Broken
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Most Powerful Videos

**8 Struggles of Being
a Highly Intelligent**

Person 10 Problems

Only Smart People

Have - Downsides Of

Being Highly

Intelligent How To

Forgive People Who

Hurt You - Stop

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people make stupid

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12 Secret Messages

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You | Ralph Smart

Being Intellectually

Gifted - A definition

How Smart People

Can Be Happy **Why**

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In "Why Smart People

Hurt" Dr. Eric Maisel

delineates a number

of both external and

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People influence A
high ability people,
providing information
about these often
subtle influences, and
giving suggestions to
enhance self-
understanding and
emotional health to
help people more fully
use their capabilities,
making their lives
more creative and
fulfilled, to the benefit

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of others as well as themselves.

Why Smart People Hurt: A Guide for the Bright, the ...

The challenges smart and creative people encounter--from scientific researchers, genius award winners, to bestselling novelists, Broadway actors, high-powered

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attorneys, and academics--often include anxiety, overthinking, mania, sadness, and despair.

Specifically, the challenges that smart people face, including: - "racing brain syndrome"

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**Hurt: A Guide for the
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under dire

circumstances or as a

day job to support

creative endeavors, a

smart person is not so

likely to want to wait

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And Creative

**Why Smart People
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intelligence Logic-
and creativity-based
strategies to cope
with having a brain
that goes into
overdrive at the drop
of a hat

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In Why Smart People

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and creativity-based
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that goes into

overdrive at the drop
of a hat

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Why Smart People Hurt: A Guide for the Bright, the ...

Also in his book *Why Smart People Hurt: A Guide for the Bright, the Sensitive and Creative*, Eric Maisel has a chapter on Thinking Anxiety, which includes these perspectives: "People who perform tasks known to provoke

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People are obliged to deal effectively with that anxiety if they want to perform that task well.

Eric Maisel

**Challenged By
Being So Smart -
High Ability**

Why this sucks for smart people: A study, Cognitive sophistication does not attenuate the bias

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blind spot, done at James Madison University showed that smart people have larger bias blind spots. While smart people are especially bad at accounting for our blind spots we seem to be fairly good at pointing out others' so the solution may be as simple as a peer network to

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People Hurt A
review your mission-
critical decisions and
work.

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And Notorious

Problems of Smart
People - Limitless
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“Except under dire
circumstances or as a
day job to support
creative endeavors, a
smart person is not so
likely to want to wait
tables, file forms,
work on an assembly

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People Hurt At
Guide For The
Bright Sensitive
And Creative
Eric Maisel

line, or sell shoes. It isn't that he disparages these lines of work as beneath his dignity; rather, it is that he can see clearly how his days would be experienced as meaningless if he had to spend his time not thinking.”.

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**Hurt By Eric Maisel -
Best Wellness ...**

In Why Smart People Hurt, you will find:

Evidence that you are not alone in your struggles with living in a world that wasn't built for you or your intelligence Logic- and creativity-based strategies to cope with having a brain that goes into

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People Hurt: A
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Eric Maisel

**Why Smart People
Hurt: A Guide for the
Bright, the ...**

Many smart and
creative people
experience unique
challenges as a result
of their valuable gifts.

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People can range from anxiety and overthinking to mania, depression, and despair. In *Why Smart People Hurt*, creativity coach Dr. Eric Maisel pinpoints these often-devastating challenges and offers solutions based on the groundbreaking principles and

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practices of natural
psychology.

**Why Smart People
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Maisel -**

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? Make the most of
your creative and
intellectual gifts by
overcoming the
unique challenges
they bring with this
guide by the author of

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Natural Psychology .

Many smart and creative people experience unique challenges as a result of their valuable gifts. These can range...

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People smart A
researchers, genius
award winners, to
bestselling novelists,
Broadway actors, high-
powered lawyers and
academics - often
include anxiety, over-
thinking, mania,
sadness and despair.
Specifically, the
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intellectual gifts by

overcoming the

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unique challenges
they bring with this
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Why “Normal” People
Intentionally Hurt
Others The surprising
spectrum of sadistic
behavior. Posted Nov
05, 2020

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**Why “Normal”
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Psychology ...**

Sussex Police were called to Montpelier Place at 22:15 GMT on Wednesday. One man suffered serious injuries and was taken to Royal Sussex County Hospital for treatment, where he

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